

JUNE 2022



#### PRINCIPAL

David Williams

#### VICE-PRINCIPAL

Sumir Bansal

#### SUPERINTENDENT

Laura Leesti

#### TRUSTEE

Ron Lynn

#### School Day Schedule

8:45 am Entry

8:55-10:35

Learning Block

10:35 - 11:05

Recess

11:05– 12:45

Learning Block

12:45-1:45

Lunch

1:45-3:25

Learning Block

3:25

Dismissal

# The Stonebridge Story

Website: <http://www.yrdsb.ca/schools/stonebridge.ps>

Email: [Stonebridge.ps@yrdsb.ca](mailto:Stonebridge.ps@yrdsb.ca)

Follow us on twitter: @StonebridgePS

## Message from our Administrators

May has been another busy month here at Stonebridge PS. As we head into the final month of school, we continue to focus on ensuring that each and every day here at Stonebridge is filled with exciting learning experiences!

### Pride Flag

You will notice that we are flying the Pride flag once again for the month of June at Stonebridge. This is to recognize Pride Month and our commitment to inclusive and welcoming learning spaces. In June (and throughout the year) we hope to continue to affirm and make visible our commitment to safer environments for 2SLGBTQI+ students, staff and community. You will notice that our Pride Flag this year is different than in previous years. The introduction of the new Progress Pride Flag allows us to show representation of marginalized identities in the community. The significance of the colours in the new flag are as follows:

- yellow background with the purple circle recognizes intersex experiences
- pink, white and blue represent trans experiences
- black and brown represent the intersectional racialized experiences

### Healthy Schools

We have officially been certified by OPHEA (Ontario Physical and Health Education Association) as a GOLD certified school for 2021-22! This amazing accomplishment represents the commitment and encouragement of our students, staff and community to maintaining a healthy and active lifestyle. From our Walking Wednesday initiative, partnership with Active School Travel, commitment to school wide Daily Physical Activity and more, we are grateful and excited for the recognition! We hope to keep on moving and staying healthy!

### Eco Schools

We are also excited to announce that we have been awarded Gold level certification as an Eco School for 2021-22! This recognition and achievement comes from the leadership of our Grade 5 Eco Team students and staff advisor, who led various school wide initiatives including sorting waste/recycling campaigns, National Sweater Day, implementing GOOS (Good on one side) Bins, Sweater Day, Earth Hour, Polar Bear Walk, Earth Day activities, the Stonebridge Eco newspaper, and hazards of single-use plastic campaign throughout the school! We hope to continue our pursuit of being environmental advocates and change makers next year!

## Recess and Lunch Reminders:

A reminder to continue to dress for the weather (rain, sunshine, hot weather, etc.) as students will be spending 60+ minutes a day outside. Please send with your child a reusable water bottle, sun-screen, hat etc.

Please note that students are expected to either stay at school for lunch or go home daily. If your child is seeking to occasionally leave school during lunch, they must bring in a written note each time, and sign out in the office at 12:45pm (we are discouraging phone calls home to seek permission on the day of). If your child has forgotten their lunch, we are able to provide extra food in the office. Please note the school has no responsibility for students who leave the school property.

## Announcements:

### Staffing Changes

We would like to announce that Cathy Hall-Kemp is retiring at the end of this school year and would like to thank her for everything she has done over the years for the students, staff and community! Happy retirement Mrs Hall-Kemp and we hope to continue to see you around Stonebridge in the future!

Our Vice-Principal, Sumir Bansal, will be leaving us as well. He will be moving to Wismer PS and taking on the role of Principal. Congratulations Mr. Bansal!! Thank you for all of the wonderful work here at Stonebridge and all the best!

## Upcoming Events:

- **Report Cards:** Report Cards are set to go home electronically the week of June 27th. They will be available in your child's school Google account the week of June 27th.
- **Last Day of School:** The last day of school is June 30th and **dismissal will take place at 11:55am** (if your child takes the bus, school buses will arrive at 11:55am).

All schools in the York Region District School Board are committed to improving student achievement and well-being. On **Thursday, June 30, 2022**, an early release day will take place to allow elementary teachers and support staff to take part in meetings during the afternoon of that day. These meetings will allow for school staff to engage in culminating activities regarding the review and revision of the School's Improvement Plan as well as year-end and transition activities that support student success.

As has been our practice in the past, students will attend school during the morning of Thursday, June 30, 2022 only. Students will be dismissed early that day at **11:55 am**. Arrangements will be made to ensure that students who are normally bused to and from school will receive transportation at this time. Parents/guardians whose children attend after school child care should make appropriate arrangements to address this change in schedule.

As always, thank you for your partnership!

Dave and Sumir

## Indigenous History Month and Indigenous Peoples Day

**National Indigenous History month** is a time to celebrate the diverse cultures of First Nations, Métis and Inuit communities, as opposed to focusing on what has been done to them. The Canadian Government unanimously declared June as National Indigenous History Month in 2009 through a motion in the House of Commons. The month, which includes National Indigenous Peoples Day, is a perfect time to reflect upon the long relationship between the many different Indigenous peoples of Turtle Island and Canadians throughout history. For students and teachers, it is a good time to become better acquainted with the different First Peoples who share this land with us.

June 21 was declared **National Indigenous Peoples Day** in 1996 by then Governor General Romeo Leblanc. The day was chosen in consultation with some national organizations for Indigenous Peoples including the Assembly of First Nations, and coincides with the summer solstice which is significant for some First Nations.

## Registration during Summer for 2022-2023

Please note: Elementary schools are closed during July and August. Please contact the [Community Education Centre](#) in your area to set up your registration appointment.

If any of the following apply, please visit the [Reception Centre](#)

- Students new to Canada (residing in Canada less than 6 months)
- Students transferring to YRDSB from home schooling in Ontario
- Students transferring to YRDSB from other boards in Ontario/other provinces with time-sensitive documents, e.g. work permits, refugee claimants
- Returning students from outside Canada who have been residing elsewhere internationally for over one year

## Vacation and Other Plans

If families are planning to:

- go on vacation in June (prior to school year-end)
- move to a new address over the summer

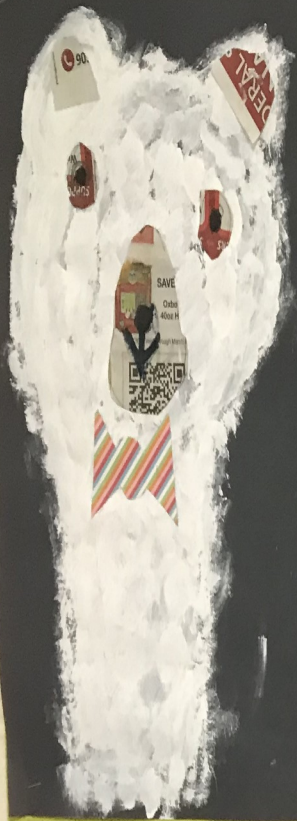
Please email [stonebridge.ps@yrdsb.ca](mailto:stonebridge.ps@yrdsb.ca) as soon as possible.



**OUR EARTH MASCOT**



Jason



## Messages from the Eco-Team



Friends of Wild

Fundraising for WWF-Canada

JOIN US FOR A SPECIAL EVENT:

EVENT: Polar Bear Walk

WHEN: Thursday, March 3, 2022

WHERE: Stonebridge P.S.

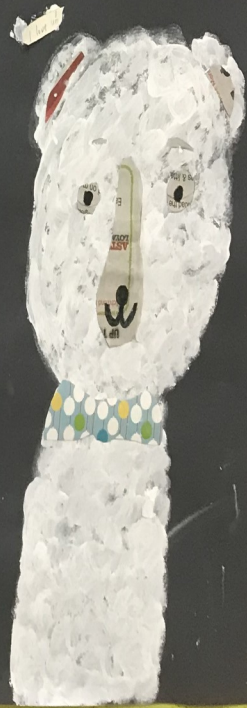
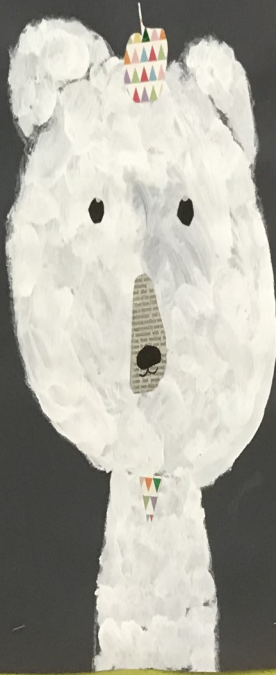
CONTACT: Mrs. Hall-Kemp, Ms. Cooper



Ellie

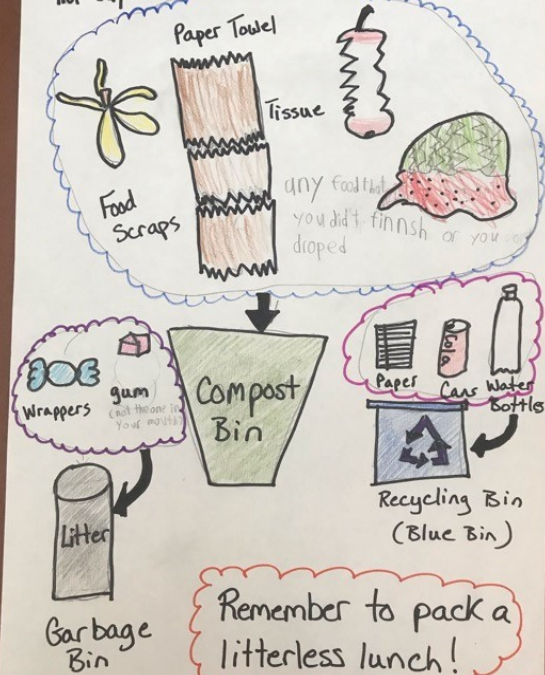


Magnithun

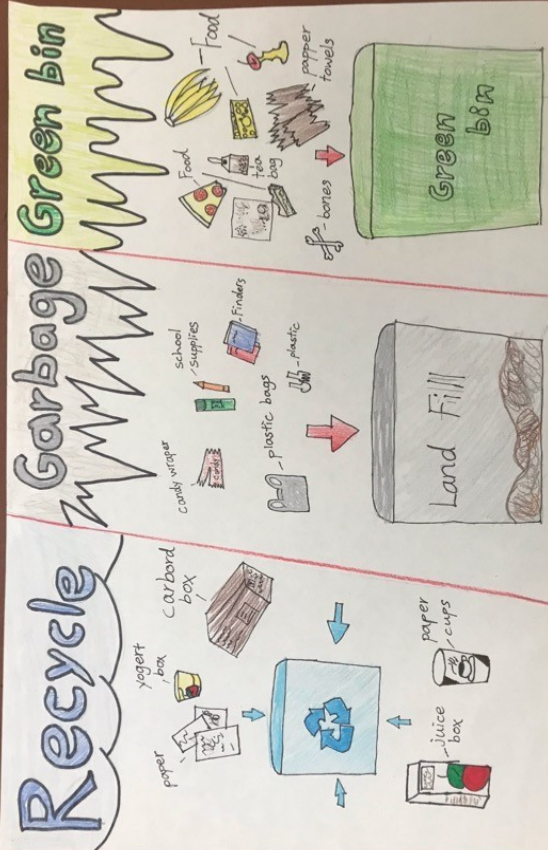




Don't put things where they are  
supposed to be!  
Not supposed to be!



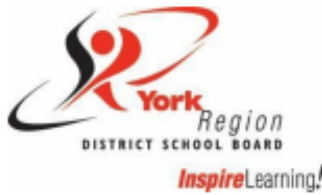
Remember to pack a  
litterless lunch!



Put Your  
Garbage  
Here



What you see or  
hear, might not always  
be true.



## Student Mental Health and Addictions Newsletter

June 2022

---

*YRDSB Mental Health services are provided by YRDSB psychology and social work personnel*

---

### **Navigating Uncharted Territory**

For many students June symbolizes the end of the year celebration as well as the ending of a chapter. It's a time of year where a student may celebrate prom, graduations, final performances or look forward to further studies. These experiences serve as a milestone for many young people. As the school year comes to an end, it might feel like navigating uncharted territory. As we continue to navigate the unknown it is understandable for students to feel anxious, excited, a sense of loss, grief and all the emotions one can harbour during this time.

In an [article](#) by Erinne Magee, a freelance writer, discusses the importance of reflection and closure near the end of the school year. Marnee cites Jamie M Howard a PhD a senior clinical psychologist and Dana Dorfman a PhD and psychotherapist who both provide key considerations when approaching this theme of last day of school:

1. Considering cues from children such as their body language, words, behaviours or mentioning feeling fine at the moment but might be struggling as school ends.
2. Validating their feelings. Avoid overgeneralizing what the young person is feeling as this can cause feelings to be minimized. Rather, tuning in and holding space for safe spaces can allow for more open conversations.
3. Creating a family schedule. For younger children, asking your child what they miss the most can facilitate dialogue to incorporate what they were missing into



your family routine. Such as a family scavenger hunt, nature walk, photography, making a recipe and so on.

4. Reflection. Validating their progress and personal development is acknowledged. Discussing some of their favorite memories this year. Such as creating a family yearbook, photo collages, scrapbooks, storytelling or whichever creative ways suits your family.

[Scholastic Parents Staff](#) by [Scholastic Canada](#) offers some key insights in an article titled "[Tips to Get Kids Ready for the School Year End](#)" for parents on how to prepare our children for the end of the school year:

- **Talk it over:** Having open dialogue and inviting your children to reflect about their school year and their mental wellbeing.
- **Creating a countdown:** Some children might ask how long they have until an event happens? This is because they are starting to grasp the concept of time. So if your child asks "How many days until the end of school?" You can reply "Let's count down"

#### **Helpful Tips and Resources:**

School Mental Health Ontario (SMHO) offers strategies on how we can start [these conversations and tools we can access to support](#).

[No Problem Too Big or Small](#): This is a resource made by students for students. Throughout the resource, there are positive affirmations and reminders for students that there is help around and no problem is #TooBigOrTooSmall to reach out and ask for help. Check out: [My Circle of Support Pocketbook-Student Help Seeking Resource](#) by School Mental Health Ontario.

#### **Additional Resources:**

[YRDSB Mental Health Resource Page](#)

[SMHO Parent/Family Page](#)

#### **Upcoming Workshops:**

[Children and Restorative Sleep](#), June 6, 2022 6:30 PM EDT

For more additional workshops visit [York Hills Centre for Children, Youth and Families website](#).

We look forward to creating pathways for caring connections and meaningful relationships with parents, caregivers, and families. Share your voice by using this [feedback form](#), and let's pave the path forward together.

### **Mental Health COVID-19 Page**

As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well. The link below is dedicated to supporting student mental health during this Pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health support as well as community support. Please consider taking some time to familiarize yourself with the supports found on the [COVID-19 Mental Health Supports for Students and Families](#) webpage.

Continue to check out the [YRDSB website](#) for updated information as well as the Twitter account [@MH\\_YRDSB](#).

**Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc.**

Mental Health Lead

[patricia.marra-stapleton@yrdsb.ca](mailto:patricia.marra-stapleton@yrdsb.ca)

**Hoshana Calliste, M.S.W., R.S.W.**

Assistant Coordinator of Mental Health

[hoshana.calliste@yrdsb.ca](mailto:hoshana.calliste@yrdsb.ca)

**Swetha Srikanthan, M.S.W., R.S.W.**

Assistant Coordinator of Mental Health

[swetha.srikanthan@yrdsb.ca](mailto:swetha.srikanthan@yrdsb.ca)

Join us at the **2022 CNE**  
ALL PROGRAMS **FREE\*** WITH ADMISSION!



**KID'S PASS**  
**FREE GROUNDS ADMISSION**

CN11A

QR Code

**CANADIAN NATIONAL EXHIBITION**  
**AUG 19 TO SEPT 5 | 2022**  
**LET'S GO TO THE EX!**  **THEEX.COM**

TORONTO, CANADA

\*Does not include rides, games and food.  
All programs subject to change





# Report Absences or Late

If your child is going to be absent / late, please report via Edsby before the bell time.

If you do not have an Edsby account or need help with setting it up, please contact the office @ **905-887-2427** or email [stonebridge.ps@yrdsb.ca](mailto:stonebridge.ps@yrdsb.ca)

TO REPORT A STUDENT ABSENCE/LATE:

LOGIN TO: [yrdsb.edsby.com](http://yrdsb.edsby.com) / CALL **905.887.2427**

## Nut & Scent Free Environment

This is a reminder that many students and staff have life threatening allergies to nuts. As a result, we ask that all snacks and lunches are nut free. Please take the time to read the labels on snacks to ensure they are nut safe. We also ask that you do not use peanut butter substitutes such as Wow Butter. **Nutella is a nut product and must not come to school.**

The chemicals used in scented products can make some people sick, especially those with fragrance sensitivities, asthma, allergies and other medical conditions. To help keep the air healthy for everyone, our school has a scent-free policy.

